20 Ways to Look 10 Years Younger

When looking in the mirror, do you wish you could press the rewind button? Get 20 solutions for looking 10 years younger!

1. Try an electric facial.
2. Try a salt and pepper dye for your hair.
3. Eat probiotic-packed yogurt daily.
4. Block out harmful UV rays when driving with your car’s sun visor.
5. Use facial creams that contain retinol to prevent wrinkles.
6. Size your bra properly.
7. Try an at-home pumpkin facial.
8. Eat Brazil nuts to keep your skin young, vibrant and beautiful.
9. Cut your bangs for a stylish look and to camouflage forehead lines.
10. Get filler injections in your hands.
11. Get a color wheel of concealer.
12. Use a brush to apply concealer.
13. Put glittery and frosty shimmer eye shadow on your lower eyelids.
14. Put on the apples of your cheek and blend it in for a natural appearance.
15. Drink calcium-rich goat’s milk to help repair tissue and replace dead-skin cells.
16. Try using emu oil to moisturize your face.
17. Make a mud mask.
18. Wash your hair with club soda to remove oil and dirt, and give your hair a shiny look.
20. Don’t let having a baby age you.

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